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## Lasting Legacy

Drill sergeant receives a thank-you letter nearly four decades later.

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# The Fort Jackson Leader

Thursday, May 22, 2008

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www.fortjacksonleader.com

## Post DSoY announced

**Chris Rasmussen**  
Leader Staff

A Fort Jackson noncommissioned officer assigned to the Drill Sergeant School was selected as post Drill Sergeant of the Year.

Staff Sgt. Herbert Thompson was named winner of the competition during a ceremony Monday at the Joe E. Mann Center.

"I am truly honored to be selected as the Fort Jackson DSoY, especially with the caliber of NCO's that I competed against," Thompson said. "I have become a better NCO just by preparing for and going through this competition."

Representatives from each training brigade and the Drill Sergeant School faced off during the three-day DSoY competition held April 28-30. Events included an Army Physical Fitness Test, a mystery event of answering questions from a news reporter, rifle marksmanship, night land navigation, urban orienteering mixed with warrior tasks and an appearance before a board of command sergeants major.

"The toughest part, mentally, was the board. It was all situational-based and by far the hardest board I have ever been to," Thompson said. "Also tough was the urban orienteering around Fort Jackson, due to not knowing how long it would go and an unstated time standard."

As DSoY, Thompson will serve as a liaison between drill sergeants and the installation's command group. He will also advise post commanders and command sergeants major on all areas pertaining to drill sergeants and Basic Combat Training Soldiers. The DSoY also communicates daily with Training and Doctrine Command on BCT policy issues that affect Fort Jackson and serves as a mentor to the more than



Thompson



Wheelee

### Armed Forces Day high notes



Photo by Chris Rasmussen

**A parachutist with the Silver Wings brings Old Glory down to Hilton Field to begin the Thunder at Fort Jackson air show Saturday. The aerial event, which is organized by the Celebrate Freedom Foundation, was held with the Armed Forces Day 2008. For more on Armed Forces Day, see page 20.**

## Fort Jackson to honor those who have died

**Mike A. Glasch**  
Leader Staff

Monday, Fort Jackson will honor those who have made the ultimate sacrifice. A Memorial Day ceremony, commemorating the men and women who have died in military service, will take place outside of post headquarters at 10 a.m.

This year's ceremony will be hosted by the 171st Infantry Brigade. Members of the Society of Military Widows and the Gold Star Wives organizations have been invited as special guests.

The ceremony will include a 21-gun salute and a wreath presentation at the base of the post flag. Fort Jackson's commander, Brig. Gen. James

H. Schwitters, will deliver the keynote address.

In case of inclement weather the ceremony will be held inside the MG Robert B. Solomon Center.

Also on Monday, the White House Commission on Remembrance is asking everyone to observe a moment of silence at 3 p.m. to remember the fallen.

Memorial Day was first observed May 30, 1868, when the graves of Union and Confederate Soldiers were decorated with flowers. In 1966, Waterloo, N.Y., was declared the official birthplace of the observance. In 1971, Congress declared Memorial Day a national holiday, but the day was changed to the last Monday in May.

See **DSoY** Page 4



## Ask the Garrison Commander

# Deferred assignment; Junior golf clinic



Col. Dixon

**Q** I'm on assignment to Camp Zama, Japan. Two of my children are enrolled in the Exceptional Family Member Program. Will I be deferred from my assignment for that reason?

**A** No, you will not be deferred based on enrollment in EFMP. In accordance with Army Regulation 608-75, paragraph 2-1a (4), Soldiers who enroll in the EFMP after receipt of OCONUS assignment instructions need to be aware that enrollment may not affect that assignment. If general medical care is not available, the Soldier may be required to serve an "all-others" tour. Paragraph (5) states, participation in the EFMP is not the basis for deletion, deferment, or compassionate reassignment.

**Q** Is the Golf Course offering golf instruction for kids again this summer?

**A** The Fort Jackson Golf Club PGA professionals are proud to announce the Junior Golf Clinics (ages 6+) will be June 9-13 and July 7-11.

New this year, in addition to clinic instruction by our staff of PGA professionals, each student will be tested in three skill levels.

Each skill level requires specific goals for putting, chipping and full swing. Once students have successfully completed one skill level, they will work to improve their golf skills in order to be tested and accomplish the next level. Once a skill level is successfully completed, each student's accomplishment

will be recognized.

Weekly play days will again be part of the junior golf program. Students may take advantage of a play day for skill level testing. In order to participate in a play day on the golf course, each student must successfully complete skill level one.

Skill level testing will encourage young golfers to work on their game in order to successfully complete each level. As young golfers work through the skill levels their golf skills will improve, they will enjoy the game more and they will gain greater confidence in their abilities and themselves.

The addition of skill testing will produce better junior golfers and lead to their lifetime enjoyment of the game of golf. For more information, call the Golf Club at 787-4437.

### Garrison Fact of the Week

Our country has sent Soldiers (sons and daughters) in defense of our freedom. Did you know that there are support groups for the families of the sons and daughters that defend this country and for the families of those who have made the ultimate sacrifice?

The support group for the families of the Soldiers who continue to defend this country is called the Blue Star Mothers of America and the support groups for the parents of deceased Soldiers is called the Goldstar Mothers/Fathers/Wives.

They can be reached online by going to their Web sites: [www.goldstarmothers.org](http://www.goldstarmothers.org), [www.goldstarwives.org](http://www.goldstarwives.org), [www.goldstardads.org](http://www.goldstardads.org), or [www.goldstardads.org](http://www.goldstardads.org), [www.bluestarmothers.org](http://www.bluestarmothers.org)

To submit questions to "Ask the Garrison Commander," call 751-5442, or e-mail [Scott.Nahrwold@conus.army.mil](mailto:Scott.Nahrwold@conus.army.mil).



Dear Fort Jackson Team:

This Saturday marks the beginning of the Memorial Day holiday. As you enjoy the long weekend and take a well-earned break, I ask you to remember that Memorial Day is a day of remembrance for those who have died in our nation's service. Please take the time to honor those who gave their lives to protect our freedoms and to reflect on the significance of their sacrifice.

With graduations and schools releasing for the summer, the Memorial Day weekend also marks the traditional start of summer sun and fun. I urge you to consider safety during your holiday activities. Your leadership has provided you with the accident prevention knowledge and tools that you need. Take it to heart and use those tools to your advantage.

Have fun, enjoy yourself, but do it safely. I want all members of the Fort Jackson family to return safely at the end of the holiday.

Mission First - Safety Always.

*James H. Schwitters*  
James H. Schwitters  
Brigadier General, U.S. Army  
Commanding

## Did You Know?

- South Carolina was the eighth state to ratify the Constitution May 23, 1788.
- Memorial Day was observed May 31 before it was moved to the last Monday in May in 1971.
- Several southern states have an additional day in honor of the Confederate soldiers who died in the Civil War. South Carolina celebrated its day honoring the Confederate war dead May 10.
- May 25 is National Missing Children Day.
- May was selected as Asian Pacific American Heritage Month to commemorate the first Japanese immigrants' arrival in the United States May 7, 1843.

## The Fort Jackson Leader

Fort Jackson, South Carolina 29207

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# NEWS

## DS School consolidates; building to begin

**Chris Rasmussen**  
*Leader Staff*

Fort Jackson is now the only Army installation that trains drill sergeants.

The consolidation of the three drill sergeant schools was completed May 16 with the last class to graduate from Fort Leonard Wood, Mo. The first school to close was located at Fort Benning, Ga. That closed in October.

Fort Jackson now trains all drill sergeants based on the 2005 Base Realignment and Closure recommendation, which calls for consolidating the three school locations to this installation.

A groundbreaking ceremony for a new drill sergeant school is slated for 9 a.m.

June 3 at Marion Avenue and Kemper Street. The drill sergeant school is currently located on Magruder Avenue.

“We have tripled in size as far as student population and cadre,” said Command Sgt. Maj. Gary Newsome, DSS commandant. “We are ironing out the kinks and working it out as we go.”

To handle the influx of drill sergeant candidates, classes are being taught in a staggered fashion with four sessions. Each class can accommodate 120 students.

“The commanding general has assured that we will have the things we need and Human Resources Command is working with us to make sure we have the personnel to conduct our mission,” Newsome said.

The new drill sergeant school, which includes a headquarters building, classrooms and a dining facility is expected to take more than two years to complete. Work will begin in August and completion is scheduled for the early part of 2011. Barracks will be built at a later date.

Fort Jackson, the Army’s largest Initial Entry Training installation, is an ideal place to train drill sergeants, Newsome said.

“Being the Basic Combat Training Center of Excellence, what better place could we have for drill sergeants to go out and do their job?” he asked.

Fort Jackson’s Drill Sergeant School has had several locations since coming to

the installation in 1963.

It was originally co-located with the NCO Academy on Washington Road. In July 1972, the school was moved to Building 4350 on Magruder Avenue, where the Travel Office is now.

In 1978, the school was moved to Buildings 4235 and 4230 at Magruder Avenue and Hill Street.

The school relocated to Buildings 1889 and 1887 on Washington Road in 1983 where it was co-located with the 120th Adjutant General Battalion (Reception). It was April 2007 before the school moved again to its current location on Magruder Avenue.

*Chris.Rasmussen@us.army.mil*

## First Lean Six Sigma graduation held on post

**Ashley Henry**  
*Public Affairs Intern*

Twenty-eight Fort Jackson civilian employees and Soldiers are now trained to help battle waste, reduce costs and improve operational efficiencies on the installation.

The training, a four-month Lean Six Sigma Black Belt course, culminated in graduation Friday.

LSS, a business concept aimed at boosting overall efficiency, incorporates Lean manufacturing and Six Sigma. Lean manufacturing is about speed, while Six Sigma focuses on quality. The goal of LSS is for better quality, faster.

LSS provides industry-proven tools to tackle waste, said Lt. Col. Tracy Davidson, deputy garrison commander. In return, costs are reduced and operational efficiencies are improved.

“It (LSS) helps you statistically quantify what your gut, customers or project owners are telling you about business shortcomings,” Davidson said, who was among the graduates Friday. “Once a problem is identified and measured, you can begin to see cause-and-effect relationships and where the process bottlenecks, breaks down or simply adds no value. This knowledge, visualized with value stream maps, charts and graphs, enables positive change.”

Before offering the course, Fort Jackson sent LSS students to other installations to receive the training. Now, instructors are brought here. Michelle Graham, Fort Knox, Ky., and Phil Provencher, Fort Bragg, N.C., instructed the course. Both are master black belt candidates, as part of their training they are required to teach a black belt course.

During the course, which met one week each month, students selected something they wanted to improve Graham said. Throughout the course, students learned the skills needed to work on improving this process.

“My project focuses on improving the way we request, procure, store, issue, use and dispose and recycle ammunition here on Fort Jackson,” Davidson said. “In our pursuit of providing the Army with trained warriors, we (Fort Jackson) consume more than 1 million rounds of ammunition every week.”

The goal, Provencher said, is to save the Army money and resources.

“Every student who comes to us, comes with a notion of what it is they want to change,” Provencher said. “They leave with a set of tools to take back to the workplace that enables them to begin making that change.”

Davidson said he developed the skills “to systematically map, measure, analyze, improve and control business processes.”

There are five levels of LSS certification, white belt, green belt, black belt, master black belt, and project sponsor. Anyone interested in becoming involved with LSS is recommended to complete the web-based LSS Awareness Level training (white belt).

For more information about training, visit <http://armybtkc.army.mil/index.htm>.

*Ashley.Rose.Henry@us.army.mil*

## Summer safety campaign begins

**Susanne Kappler**  
*Leader Staff*

Memorial Day marks the beginning of the summer season and the start of the Army’s “101 Critical Days of Summer” campaign.

The campaign highlights the increased hazards caused by weather, travel and outdoor activities that typically occur during the summer months.

“Memorial Day has the tendency to be one of the deadliest weekends of the year for traffic accidents,” said Sean O’Brian, Fort Jackson safety director.

O’Brian pointed out that there are steps Soldiers and civilians can take to stay safe during the travel season.

The Travel Risk Planning System is an interactive risk-assessment tool, available online to Army Knowledge Online account holders at <https://crc.army.mil>.

“TRiPS is mandatory for all Soldiers assigned to Fort Jackson any time they travel outside a 100-mile radius of the fort, but (it is) also highly encouraged for our civilian employees,” he said.

In addition, O’Brian encouraged travelers to make sure their vehicles are safe.

“The Safety Office has POV (privately owned vehicle) and motorcycle inspection checklists available,” he said. “We also offer a variety of safety briefings in addition to the anti-DUI based breathalyzer class.”

The most recent Fort Jackson traffic fatality occurred April 4, 2006, when 1st Sgt. Robert Kuehne, 2nd Battalion, 485th Infantry Division, died following an off-post motorcycle crash.

“It’s been over two years since our last vehicle fatality. Obviously we want to keep the streak alive, because if we

keep the streak alive, we keep the people alive,” O’Brian said.

Although road safety is a main concern during the “101 Critical Days of Summer,” it is not the only issue addressed by the campaign.

“Although we tend to focus on traffic safety — it remains our greatest off-duty hazard — we don’t want to lose sight of water safety either,” O’Brian said.

The Coast Guard has conducted inspections of all boats on Fort Jackson to ensure the safety of those who rent boats on the installation.

During fiscal year 2007, 15 Soldiers died in water-related accidents. Many boating fatalities can be prevented by wearing personal flotation devices, and swimmers should always stay in protected areas.

O’Brian pointed out that while staying safe during summer activities should be a top priority to everyone, it is still possible to enjoy the season.

“Being safe does not mean that you can’t have any fun. Just have fun safely,” he said. “The goal is for everybody to come home alive.”

For more information on the “101 Critical Days of Summer” safety campaign, visit <https://crc.army.mil> and view the summer safety presentation at <https://crc.army.mil/ODSAP/>.

*Susanne.Kappler1@us.army.mil*





## Around Post

### Post Guides Available

The 2008-2009 Fort Jackson Post Guides have arrived and are being distributed. Representatives from brigades and directorates should contact the Public Affairs Office at 751-1742 to arrange for pickup.

### Asian-Pacific Heritage Luncheon

A luncheon celebrating Asian-Pacific Heritage Month will be from 11:30 a.m. to 1 p.m., Friday at the Officers' Club. Tickets cost \$9.25.

For more information, e-mail [James.Tucker3@conus.army.mil](mailto:James.Tucker3@conus.army.mil).

### MEPS Change of Command

The Military Entrance Processing Station will have a Change of Command Ceremony at 1 p.m. Tuesday at the MEPS building. Air Force Lt. Col. Richard K. Wagner will relinquish command to Air Force Maj. Sherman Goodwin.

### Drill Sergeant School Groundbreaking

The Drill Sergeant School groundbreaking ceremony will be at 2 p.m., June 3 at the Drill Sergeant School Statue on Kemper Street and Pickens Avenue. For more information, call 751-7710/7946.

### 120th AG Battalion Change of Command

The 120th Adjutant General Battalion (Reception) will have a Change of Command ceremony at 9 a.m. June 4 at the 120th AG quad. Lt. Col. Teresa Campbell will relinquish command to Lt. Col. Michael Bineham.

### Newcomer's Orientation/ Re-entry Brief

A Newcomer's Orientation/Re-entry Brief will be conducted 9 a.m. to noon June 4 at the Post Conference Room. For more information or to register, call 751-4862/6325.

## Resolving sexual harassment

### Installation Equal Opportunity Staff Office

**Q** What is sexual harassment?

**A** IAW AR 600-20 Chp. 7-4, defines sexual harassment as a form of gender discrimination that involves unwelcome sexual advances, requests for sexual favors and other verbal or physical conduct of a sexual nature between the same or opposite genders when —

(1) Submission to, or rejection of, such conduct is made either explicitly or implicitly a term or condition of a person's job, pay, career or

(2) Submission to, or rejection of, such conduct by a person is used as a basis for career or employment decisions affecting that person, or

(3) Such conduct has the purpose or ef-

fect of unreasonably interfering with an individual's work performance or creates a hostile or offensive working environment.

Any person in a supervisory or command position who uses or condones implicit or explicit sexual behavior to control, influence or affect the career, pay or job of a Soldier or civilian employee is engaging in sexual harassment.

Similarly, any Soldier or civilian employee who makes deliberate or repeated unwelcome verbal comments, gestures or physical contact of a sexual nature is engaging in sexual harassment.

**Q** What can I do if I'm being sexually harassed?

**A** Below are some techniques IAW 600-20 Chp. 7-7 to assist you in resolving acts of sexual harassment:

a. Direct approach. Confront the harasser and tell him or her that the behavior is not appreciated, not welcomed and that it must stop.

b. Indirect approach. Send a letter to the harasser stating the facts, personal feelings about the inappropriate behavior and expected resolution.

c. Third party. Request assistance from another person. Ask someone else to talk to the harasser, to accompany the victim, or to intervene on behalf of the victim to resolve the conflict. (i.e. equal opportunity adviser)

d. Chain of command. Report the behavior to immediate supervisor or others in chain of command and ask for assistance in resolving the situation.

e. Filing an informal/formal complaint. Details for filing an informal or formal complaint are included in appendix D.

f. Contact an equal opportunity adviser.

## Helping wounded get Social Security quickly

### Michael J. Astrue

#### Commission of Social Security

With Memorial Day approaching, I think it's important to remember those who have made the ultimate sacrifice for our nation. We at Social Security honor the heroism and courage of our military service members and mourn for those who have given their lives in defense of freedom.

It is also important to recognize those service members who are still with us, especially those who have recently been wounded.

That's why I'd like to take this opportunity to remind readers that military service members receive expedited processing of their disability applications from Social Security. In fact, under an agreement initiated by Social Security, the Department of Defense now transmits information to us that allows us to quickly identify military personnel injured in Operations Enduring Freedom and Iraqi Freedom.

The expedited process is available for any service members who become disabled during active duty on or after Oct. 1, 2001, regardless of where the disability occurs.

Depending on the situation, some family members of military personnel also may be able to receive benefits, including depend-

ent children and spouses.

If you, or someone you know, were wounded while on active duty, find out more about what Social Security can do for you by visiting our Web site: [www.socialsecurity.gov/woundedwarriors](http://www.socialsecurity.gov/woundedwarriors).

There, you will find answers to a number of commonly asked questions, as well as other useful information about disability benefits and Supplemental Security Income.

Pay special attention to the fact sheets titled Disability Benefits for Wounded Warriors and Expediting Disability Applications for Wounded Warriors.

You'll also find links to useful VA Web sites, such as the "Seamless Transition Home" link, and the "Veterans Online Application."

This Memorial Day, join me as I honor those who gave their lives for our nation, and salute those who served, as well as those who continue to serve.

To learn more about what Social Security is doing to serve wounded warriors, visit [www.socialsecurity.gov/woundedwarriors](http://www.socialsecurity.gov/woundedwarriors). For the families of service members who have made the ultimate sacrifice, Social Security survivors benefits may be payable.

To learn more about eligibility for survivor's benefits, visit [www.socialsecurity.gov/survivorplan](http://www.socialsecurity.gov/survivorplan).

## DSOY (continued from Page 1)

750 drill sergeants on the installation.

Runner-up of the competition is Sgt. 1st Class Ryan Wheele, Company A, 1st Battalion, 34th Infantry Regiment.

Thompson will represent Fort Jackson during the TRADOC DSOY competition in June. If Thompson wins the TRADOC event, he will have a permanent change of station to Fort Monroe, Va., and Wheele will serve as the Fort Jackson DSOY.

"I will continue to study publications, do hands-on tasks and improve my physical readiness; all with the assistance of my fellow first platoon drill sergeant leaders," he said.

Thompson's previous duty assignments include Schofield Barracks, Hawaii, and Fort Drum, N.Y. He and his wife, Elizabeth, have a 3-year-old son and are expecting another son in July.

[Chris.Rasmussen@us.army.mil](mailto:Chris.Rasmussen@us.army.mil)



Photo by Chris Rasmussen

**Brig. Gen. James H. Schwitters, Fort Jackson commanding general, awards Staff Sgt. Herbert Thompson, Drill Sergeant School, the Army Commendation Medal for winning the post Drill Sergeant of the Year competition.**



## Customer Service Corner

This week's article focuses on a recently completed issue surfaced at the 2008 Fort Jackson Army Family Action Plan Conference about the Army and Air Force Exchange Service.

**Issue:** Improve AAFES goods and services for Fort Jackson Soldiers and family members

**Scope:** The products offered on post are not competitive with the outside market in selection and prices. Gas and products in the post exchange are priced equal to or more than off the installation, and the selection of merchandise is limited. This causes Soldiers and family members to shop off post to save money.

**Recommendation:**

— Reduce prices (i.e., fuel and PX merchandise) on the installation.

— Provide better product selection geared toward the permanent party Soldiers and family members on the installation.

— Extend shopping hours at all facilities to accommodate the permanent-party Soldiers.

**Response:**

— AAFES retail stores will match a local competitor's current price on any identical stock assortment item for the customer who makes the price challenge. "Identical" is defined as: same brand, same manufacturer and same model number. For soft lines, an identical item has to be the same size, color, brand and style. Though advertised most heavily in main stores, it is important to remember that the "We'll Match It!" policy applies to all AAFES retail stores, to include Shoppettes, Class VI, Car Care and troop stores. This applies to all normally carried items whether they are in stock. An example of this would be tires that are line priced on the contract; we realize space is an issue and that most tires are ordered. These types of orders would not be considered special orders.

— AAFES retail stores worldwide will accept oral price challenges (based on the customer's word) on identical stock assortment items from local competitors. Price differences up to \$10 will be honored on the spot. A local competitor is defined as a retailer doing business in the community where the exchange is located. This includes Navy and Marine exchanges.

— AAFES retail stores worldwide have a 30-day price guarantee on any item originally purchased from AAFES and subsequently sold at a lower price by AAFES, or any local competitor.

— AAFES is required to pay state and local taxes on fuel as outlined in the Hayden Cartwright Act, 4 U.S.C. 104. The state fuel tax issue was prioritized at the Training and Doctrine Command AFAP Conference in May. The recommendation is to exempt AAFES from paying local and state taxes on motor fuel. This issue is currently being staffed for forwarding to Department of Army headquarters.

All issues submitted through Community FIRST/AFAP can be viewed or new issues submitted through the Customer Management Services Web site. Submit issues whether it affects Fort Jackson or the entire Army; feedback is important.

Submit issues and recommendations online at <http://www.jackson.army.mil/WellBeing/wellbeing.htm>. Click on "Submit an Issue or Recommendation" or click on the AFAP Logo to submit an issue.

**ICE Appreciation**

The garrison congratulates the Directorate of Human Resource, Personnel Operations Work Center, and the Directorate of Information Management, Video Teleconferencing Center. They have achieved a 5.0 and a 4.97 rating, respectively, in employee/staff attitude out of a possible 5.0, for a 12-week period. This is an outstanding performance in customer satisfaction.

*A tip of the campaign hat to this week's ...*

## Drill Sergeants of the Cycle



**Staff Sgt. Andrew Dara**  
Company A,  
2nd Battalion,  
39th Infantry  
Regiment



**Staff Sgt. Margaret Ray**  
Company B,  
2nd Battalion,  
39th Infantry  
Regiment



**Staff Sgt. Marcus Pernel**  
Company F,  
2nd Battalion,  
39th Infantry  
Regiment



**Staff Sgt. Chad Gates**  
Company F,  
2nd Battalion,  
60th Infantry  
Regiment

**WET 'n WILD**

Even in the water,  
Never Give Safety a Day Off.  
Leaders, Stay Engaged. Soldiers, Stay Alive

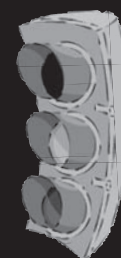
**STAY ENGAGED**

**101** Critical Days of SUMMER  
28 May - 3 Sept 2007

Never Give Safety A Day Off

U.S. ARMY  
ARMY STRONG  
U.S. ARMY CENTRAL REGIONAL OFFICE  
<https://crrc.army.mil>  
Leading on the Edge

**111**  
Number of weeks  
without a motor  
vehicle fatality at  
Fort Jackson.





## Iraq rotations announced for active, Guard units

### Army Public Affairs

WASHINGTON — The 25th Infantry Division headquarters has been scheduled to deploy back to Iraq later this year along with one of its brigades and six other brigade combat teams.

The deployment for these units will begin in late fall and continue until the end of the year, officials said, adding that about 25,000 active-duty Soldiers will be involved.

In addition, four Army National Guard brigade combat teams will deploy next year in support of Operation Iraqi Freedom and a Vermont National Guard brigade will deploy in 2010 to Afghanistan, DoD and Army officials announced today.

The seven active brigade combat teams confirmed as part of the regular rotation to Iraq are: 3rd (Bronco) Brigade, 25th Infantry Division, from Schofield Barracks,

Hawaii; 2nd (Warhorse) Brigade, 4th Infantry Division, from Fort Carson, Colo; 2nd (Dagger) Brigade, 1st Infantry Division, Fort Riley, Kan; 3rd (Panther) Brigade, 82nd Airborne Division, Fort Bragg, N.C; 172nd (Blackhawk) Infantry Brigade, Schweinfurt, Germany; 3rd (Grey Wolf) Brigade, 1st Cavalry Division, Fort Hood, Texas and the 1st (Lancers) Brigade (Stryker) Combat Team, 25th Infantry Division, Fort Wainwright, Alaska.

The four Army National Guard brigade combat teams alerted for planned rotations in support of Operation Iraqi Freedom next year are: The 72nd Brigade Combat Team, Texas National Guard; 2nd Brigade Combat Team, 28th Infantry Division (Iron Soldiers), Pennsylvania National Guard; The 256th Infantry Brigade Combat Team (Tiger Brigade), of the Louisiana Army National Guard; 278th Brigade Combat Team (I Volunteer, Sir) Tennessee Na-

tional Guard; The 86th Infantry Brigade Combat Team (Mountain Brigade) of the Vermont National Guard has been dubbed for deployment to Afghanistan in 2010.

Though increasingly a challenge, officials said the Army remains committed to carving out the critical 12 months of dwell time for units, Soldiers and families between combat rotations. They said this dwell time is required to properly organize, retrain, and re-equip forces, as well as allow Soldiers and their families well-deserved rest.

Beginning Aug. 1, all active Army units and Soldiers deploying to a named operation will deploy for not more than 12 months "Boots on the Ground," Army officials said. Those units deploying before Aug. 1 will complete their scheduled deployment. In accordance with the established policies, these units and Soldiers, however, will not be deployed again for at least 12 months, officials said.

## Soldiers bring hope to Ur's last primary school for girls

### Spc. Joseph Rivera Rebolledo Army News Service

UR, Iraq — Multi-National-Division — Baghdad Soldiers are working with a local headmaster to improve the last standing primary school for girls in a northern Baghdad neighborhood.

The Soldiers, from 3rd Platoon, Company A, 1st Combined Arms Battalion, 68th Armored Regiment, 3rd Brigade Combat Team, 4th Infantry Division, visited the Al Murooa school for girls in Ur, May 12.

During the visit, the Soldiers met with the school headmaster and discussed the conditions of the school as well as other needs and ways that improvements to the quality of life can be made for the students and teachers of the school.

"We took the opportunity to meet and introduce ourselves to the leadership of one of the local primary schools for the Ur neighborhood; to try start the beginning of a good working relationship between them and us," said 1st Lt. Matthew George, a native of Los Angeles, who serves as platoon leader with Co. A, 1-68 AR.

Part of the mission was for Soldiers to identify needs by establishing a solid relationship with the school leadership and local residents.

As the visit and communication pro-



Photo by Spc. Joseph Rivera Rebolledo

**1st Lt. Matthew George, Multi-National-Division — Baghdad, takes notes as the headmaster speaks to him during a visit to the Al Murooa school for girls, May 12. The Soldiers are helping the school headmaster find ways to receive additional help from the Iraqi government and neighborhood councils for the more than 800 students who attend the school.**

gressed, they discussed topics such as finding ways to receive additional help from the Iraqi government and neighborhood councils for the more than 800 students who attend the school.

For the Soldiers, the main goal is to serve as a conduit for the school leadership and the Iraqi government, George said.

The Al Murooa school is the last primary school for girls standing at Ur and ed-

ucates children 6 to 15 years old. It serves the residents of Ur as well as the surrounding neighborhoods.

To accommodate the more than 800 students, classes are carried out in different sessions; one morning session and the other two in the afternoon.

While the meeting was conducted inside, other things were happening on the outside.

A group of children gathered around greeting Soldiers and asked questions of their outfit. Adults also showed up and did the same. The Soldiers took this opportunity to hand out backpacks as they played and talked with the children.

"You feel good about it, these kids grow up with hardly anything, and when they see Americans try to help them, it lets them see we are here for them," said Sgt. Aaron Simmons, a native of Texas City, Texas, who serves as a squad leader with 1-68 AR.

All in all, the feedback of the meeting was successful. Soldiers and children had fun, and adults were helped, all reaching their different goals at once.

"The experience was good, the effort will definitely pay out in the future," Simmons said.

**Editor's Note:** Spc. Joseph Rivera Rebolledo serves with the 3rd Brigade Combat Team, 4th Infantry Division.

# MARKING TIME

## Drill sergeant's impact is long lasting

**Chris Rasmussen**  
Leader Staff

The following is a letter from a Soldier who attended basic training at Fort Jackson in 1969 to his drill sergeant 38 years later. The drill sergeant, Sgt. Maj. Leo Mons, passed away Feb. 7. The letter has not been edited and is exactly as it was written.

Dear Sgt. Mons,

I have been meaning to write to you for a long time. Enclosed you will find a photograph taken in August or September of 1969 when you were my Drill Sergeant at Fort Jackson. If you are not the SSGT Mons in this photo, then I apologize for sending this to the wrong man. If you are related to SSGT Mons then I ask that you forward this letter to him.

Every time I talk about my experience in the army, your name comes up and I tell all who will listen about the respect that I and the rest of my platoon had for you as a soldier and leader of men. I consider myself fortunate in having known you and lucky to have had you as my drill sergeant. I am the fellow in front with the acting SGT stripes on the blue helmet. You chose me to be Platoon Guide for our training cycle.

Because of your leadership, we were the best platoon in our training cycle, winning every award possible except one. There was a trainee from another platoon who beat us out for fastest runner. We came in second every week in inspections. We were able to achieve all of this because we tired hard to make you proud of us.

*In all the weeks of basic training, you got angry at us once and had us do 10 pushups. We were so sorry for having disappointed you that you never had to correct us again.*

*I especially enjoyed the talks I had with you when the training day was over. I remember we would talk of how lucky we were to have the women we had in our lives. You would speak so fondly of your wife and I of my girlfriend Edda.*

*When our training cycle was over, you took us out to the "boonies" where we had a celebration that included much alcohol. On the way back you had a small accident when you bumped the corner of the barracks with your jeep. It was on that occasion that we presented you with a shotgun that we all chipped in to buy as a thank you gift for treating us so well.*

*I remember the time I got "busted" by the first sergeant when we had our lights on after hours because we were cleaning our barracks. He took my rank away, but you had a talk with him and I was reinstated as Platoon Guide. I did appreciate you sticking up for me and the rest of the men for trying to have the best barracks in the Company.*

*By your recommendation, I was enrolled in the Leadership Preparation Course at Fort Sam Houston prior to training as a Medic. I graduated second in that school and went on to have charge of a class of 110 men during our medical training. I eventually ended up at the 93rd Evacuation Hos-*



Courtesy Photo

**John Suozzi's basic training unit in 1969 under the leadership of Sgt. Maj. Leo Mons, drill sergeant.**

*pital in Long Binh in Vietnam where I worked on a surgical and medical intensive ward. All in all, I had a successful time in the service and by the time I received an "early out" in 1971, I achieved the rank of Spec5.*

*In no small measure I owe much of my success to the foundation that was laid down by you during basic training. I am proud of the time I spent serving my country and would not exchange it for anything. You instilled that pride in all of us. I tell my friends that you are the kind of leader that men would follow into combat. That willingness to put ones life in harms way has nothing to do with patriotism or cause. It has to do with the love and respect that soldiers feel for their comrades in arms. I want you to know*

*that you had that love and respect from the men you trained and I am very proud to have known you.*

*Your name came up during a conversation this past weekend and the friend I was speaking with said that I should make the effort to communicate with you. I went on the Internet and looked up your name in South Carolina. I figured you might have chosen to retire there.*

*I hope that life has been good to you in the past 37 plus years since we've spoken. I would be so happy to hear from you and find out how you are doing. I want to express a long overdue thank you for all you had done for us. I salute you SSGT Mons.*

Sincerely,  
John Suozzi

## Have a historical tidbit to share?

The *Leader* is seeking historical stories and photos to use in its weekly Marking Time section. Retirees, veterans and community members with an interesting fact, story, photo, artifact, etc. pertaining to Fort Jackson should e-mail [fjleader@conus.army.mil](mailto:fjleader@conus.army.mil).



## Army Family Covenant Update

# Family Advocacy program supports, trains families

## Part 1 of 2: Introduction to education, training and victim advocacy programs

**Annette McLeod**

*Family Advocacy Program*

Prevention, education and advocacy are the keystones of the Family Advocacy Program, helping families deal with a variety of difficult situations, from preparing for a new baby, stress management or finding help for domestic violence, child abuse or sexual assault.

### Education and Training

*Family Advocacy Program Overview* — This presentation is required annually for all Soldiers per IAW Army Regulation 608-18. It is an overview of family advocacy, child abuse, domestic violence and sexual assault, and programs available for Soldiers and their families.

*Child Abuse Awareness and Updates* — These two classes are required for all employees who work with children.

*Educational Classes* — The following classes are available to units, command and other groups upon request: Stress Management, Anger Management, Family Advocacy Program Overview, Child or Spouse Abuse Awareness Education, Identifying and Reporting Child Abuse and Neglect and Teen Relationship classes.

*Managing Your Emotions* — Managing your emotions is a workshop that focuses on stress, anger management and relaxation exercises. Participants will receive a personal stress assessment, stress ball and quick-access anger and stress booklet. The seminar is from 9 a.m. to 3 p.m.,

the first Tuesday of each month, at the MG Robert B. Solomon Center, in the Marion Room.

*Stepping for Stress Management* — This is a self-help resource that helps people manage stress while walking. Walk as a group or individually 4:30-5:30 p.m., Monday-Friday.

*Single Family Connection* — The Single Family Connection is a quarterly forum with support information for single-parent families. It provides ideas, parenting strategies and resource information.

### Victim Advocacy Program

The Victim Advocacy Program helps empower victims of sexual assault or spousal abuse to make decisions to improve their quality of life. They provide victims with information on their rights, provide emergency shelter, establish safety plans, file for protective orders, help with child care costs and accompany victims to court proceedings or meetings with lawyers, police and command. They also make referrals to local resources for a variety of needs. If you need information to break the cycle of abuse in your family or if you have been sexually assaulted call 751-6325 to reach a victim advocate.

*Sexual Assault Awareness Brief* — This brief is required annually for all Soldiers. This brief educates Soldiers on the definition of sexual assault in the military, the Army Sexual Assault program, sexual assault offenses and penalties, resources for victims and restricted and unre-

stricted reporting.

*Domestic Violence Awareness Brief* — This brief educates Soldiers on the basic understanding of domestic violence. It includes what constitutes domestic violence offenses and penalties, mandatory reporting, understanding the family advocacy program, resources for victims and restricted and unrestricted reporting.

— **Restricted Reporting:** Allows a Soldier who is a sexual assault or domestic violence victim, on a confidential basis, to disclose the details of his or her assault to specifically identified individuals and receive medical treatment and counseling, without triggering the official investigative process. To make a restricted report, a victim should report the incident to a victim advocate, chaplain or health care provider.

— **Unrestricted Reporting:** Allows a Soldier who is a victim of sexual assault or domestic violence and desires medical treatment, counseling and an official investigation of his or her allegation to use normal reporting channels to trigger the official investigative process. Details regarding the assault will be limited to only those personnel who need to know, including command, Criminal Investigation Department or Military Police, Victim Advocacy, chaplain and the health care provider.

For assistance or more information, contact the family advocacy team at 751-6325.

**Editors Note:** This is part one of a two part series. Next week's article will feature parenting programs.

# Martial Arts: Developing the mind, body and soul

**Jennifer Myer**

*Child and Youth Services*

Walking home from school, jogging through the park or riding a bike through the neighborhood are all situations that leave our children and youth vulnerable.

No matter how much we wish we could follow them and protect them we cannot always be there. Instead, we can give our children and youth the skills they need to protect themselves.

Through martial arts training students learn crucial self-defense skills. This is one reason why many parents enroll their child in a credible martial arts program.

"As she gets older, I feel better she knows these things to defend herself," said Jill Rieches, mother of a 10-year old martial arts student.

Martial arts also promotes health and fitness. It gives students the opportunity to improve flexibility, cardiovascular fitness and muscular strength.

In a society with 15 percent of children, 6-11 years old, classified as obese, learning to incorporate a regular fitness routine into daily life at a young age is important.

As schools have decreased structured physical education time because of increasing requirements, parents must step up to meet these needs.

However, martial arts students benefit far beyond the attainment of a stronger and healthier body. A large percentage of self-defense skills do not come from strength, but rather from intelligence and self-control.

"I like that martial arts teaches a mixture of things.

We exercise and work on mind training," said Samantha Rieches, yellow belt martial arts student,

Martial arts was developed more than 1,600 years ago, and emphasizes respect, discipline, focus and strength. Through a mesh of ancient traditions and modern physiology, students train to develop their bodies, minds and spirits in a personal and meaningful way.

Training encompasses a total approach: mental discipline, physical conditioning and responsible actions.

The benefit of holistic training to children and youth is immeasurable. Discipline, respect and honor are just a

few of the character skills developed in such a program.

Martial arts training is available on post through the Columbia School of Karatedo, founded in 1979 by Hanshi Abele. Classes meet from 6:45-7:45 p.m., Mondays and Wednesdays at the MG Robert B. Solomon Center and are for children 5-18 years old.

For families eligible under the Army Family Covenant, registration for martial arts classes may be free. This applies to several mission levels, including families of deployed, wounded or fallen military and DoD civilians.

More information about the Army Family Covenant and the free child and youth services available to those who qualify can be found on Page 2 of the Schools of Knowledge, Inspiration, Exploration and Skills (SKIES) parent handbook, available at <http://fortjacksonmwr.com/skies/>.

For more information about the martial arts classes offered on post, call the Instructional Programs specialist, 751-6777.

For registration information, call the Child and Youth Services Central Enrollment office, 751-4865.





# HEALTH

## Field hygiene differs for female Soldiers

**Lisa Young**  
*U.S. Army Center for Health  
Promotion and Preventive Medicine*

Female Soldiers in the field or in deployed settings encounter unique health care situations. Strategies that ensure readiness with the least amount of impact on the unit mission should be used to prepare for these settings. It is often the responsibility of the female Soldier herself to ensure readiness.

For optimal personal hygiene, Soldiers should have a shower every day. When missions don't allow this, a shower once a week and washing daily with a washcloth is advised.

Female cleanliness requirements and the lack of shower facilities require unit packing lists be designed with females' needs in mind. During extended deployments, push packages of sanitary supplies may not be available, therefore female Soldiers should pack enough sanitary supplies for an initial 30 days.

During operations that restrict the places and time for urination, many female Soldiers limit their consumption of liquids. In this effort to decrease their need to urinate, females dehydrate themselves, which often results in urinary tract infections. Females should be allowed time to urinate on a regular basis.

Commercially developed female urinary devices that allow females to urinate through the fly of the uniform while standing are available for bladder relief in difficult situations. The stock number for the female portable uri-

nal available in theater in Southwest Asia on the US-AMMC-SWA TAMMIS is 4510-01-470-2805.

It is also important to maintain good oral hygiene to prevent dental decay and gum disease. Consumption of high-carbohydrate field rations and sugar-containing drinks increases risk of tooth decay.

Failure to properly remove plaque from the teeth and gums may result in inflammation of the gums or make existing gum disease worse.

Hormone fluctuations in female Soldiers increase oral bacterial levels, and increased hormone levels associated with the use of oral contraceptives can also cause an increase in gum tenderness, swelling and bleeding when brushing.

Some female-specific infections or severe vaginal bleeding may prevent female Soldiers from participating in a field exercise, deployment or even normal duty. If a Soldier experiences such a condition, she should have a medical assessment and provide feedback to the unit. Preventable circumstances such as unintended pregnancies, sexually transmitted infections (STIs) and sexual assault can have a negative impact on female Soldier readiness.

The key to decreasing the occurrence of STIs is the education of both male and female Soldiers about the significant risks of STIs, and the availability of condoms in the unit area. A Soldier can avoid more time-consuming health care procedures and prevent the loss of unit strength by receiving clinical preventive care to detect

and treat abnormalities in earlier stages. It is important that Soldiers receive appropriate clinical preventive services. Many conditions have a better prognosis for successful treatment and quicker return to readiness if caught early.

In addition to the trauma of sexual assault, the mission also affected. Victims are encouraged to contact a sexual assault response coordinator who can coordinate support services and inform victims of their reporting options.

Victims are strongly encouraged to report sexual assault as soon as possible, so that all evidence is collected and preserved. It may be an advantage to victims and units to have a senior female designated as a point of contact for all non-equal opportunity, female-specific issues. The goal of this POC is to ensure mission accomplishment by removing any roadblocks that could prevent a female Soldier from fully participating in and contributing to the mission.

Unit readiness is constantly being measured through unit status reports, exercises or real-world deployments. All Soldiers should attend training sessions geared toward issues relevant to the unit, whether an upcoming deployment, field hygiene, unintended pregnancy, sexual assault, STIs or other issues.

Ultimately, it is a shared responsibility between the Soldier and her unit to ensure that she gets off to a good start in the field or on deployment. By using the right tools, female Soldiers and their units can take steps to ensure female readiness.

## Pitch the excuses, get active, healthy now

**Lt. Col. Steven Bullock**  
*U.S. Army Center for Health  
Promotion and Preventive Medicine*

Since active-duty personnel have to weigh-in and perform a physical test every six months, they maintain their fitness and healthy body weight, right?

Wrong. Since 2005, when military personnel were surveyed, the proportion of military members becoming overweight has steadily increased (according to statistics from the 2005 DoD Survey of Health Related Behaviors Among Active-Duty Military Personnel).

Whether one uses the 1998 National Heart and Lung Blood Institute's guidelines, the 2005 Dietary Guidelines or body mass index, overweight and obesity continue to steadily rise. In 2005, more than 50 percent of all active-duty personnel were overweight. This is alarming because of the military's emphasis on physical activity.

Slightly more than 50 percent of service members vigorously exercised (running, walking, cycling, swimming, ect.) for at least 20 minutes for three or more days a week during the 30-day period of being surveyed.

So, why is it that so many Soldiers are still overweight? It certainly cannot be because they do not know how to exercise or how much is recommended.

Most people understand that it is ideal to get some vigorous to moderate physical activity three to five days per week. Strength training, eight to 12 repetitions of major muscle groups, just once a week

maintains strength, while just two (non-consecutive) days a week improves it.

Perhaps, some of us have a bad perception about exercise because we associate it with semiannual testing. Other reasons and excuses abound, here are some of the more common ones and some antidotes:

— "I'm too tired." If you are too tired, lack of activity and exercise may be your problem. Get moving and you will find you have more energy. This may seem contradictory, but when you expend energy, you get energy.

— "I'm too old." It is never too late to start exercising. Provided your doctor gives you the OK, you can improve the function of the heart and muscle strength at any age.

— "I hate to exercise." If you dislike exercising you should try different types. There are plenty of other activities besides running. You will reduce your chance of injury by varying types of exercise. Do this for three weeks straight and you'll be hooked (it's called "positive addiction.")

— "I can't afford a gym membership." Post gyms are free and under-utilized. Besides, you don't need a gym to be active.

— "Exercise is painful." When you haven't exercised in a while, getting back to it requires a very slow and gradual process to avoid injury. Don't go too hard or too fast, and you will be amazed at how your body adapts. You might be a little sore at first, but once you get going, the soreness goes away.

— "I don't see any changes in my body." It took you years to look like you

do right now, how could you expect to erase it in two weeks? It takes consistency and persistence to lose just 1.5 pounds of fat in a couple of weeks, so set a realistic goal and whittle-away at it. Besides, positive changes from exercise are going on inside where you can't see.

— "I don't have time." Baloney. Non-exercisers have just as much time in the day as exercisers. It is a matter of priority and lifestyle change. As with anything else that is worthwhile in life, it requires commitment and discipline. If you can not always fit in a full 30 minutes, then carve it out in 10-minute increments.

Consider exercise as just part of your day, like brushing your teeth or eating a meal. We don't think twice about making time to eat two or three times a day, yet often exercise gets pushed off as a "nice-to-do" if there is time.

While regular, vigorous activity is essential to good health (physical and emotional), we should also look for opportunities to be more active every day. Many jobs today require too little activity; so take the stairs, walk wherever you can (even up escalators), briskly walk for a meeting instead of sitting at a table or hit the treadmill or bike while watching the news or your favorite TV show.

An active life is a healthy life. Chances are if you are active, you probably are better about eating healthy and getting the right amount of rest each day. There is no need to search for more information about exercise, just decide to do it now, no excuses.

### Did you know?

- It's impossible to sneeze with your eyes open.
- The life span of a taste bud is 10 days.
- The human body can function without a brain.

### TRICARE Prime

Beneficiaries enrolled in TRICARE Prime at MACH can schedule an appointment 24 hours a day, seven days a week at [www.tricare-online.com](http://www.tricare-online.com) or [www.moncrief.amedd.army.mil](http://www.moncrief.amedd.army.mil). For more information call 751-2752.

### Helpful Information

Reach MACH toll-free at (877) 273-5584 or locally at 751-CARE (2273), or visit online at [www.moncrief.amedd.army.mil](http://www.moncrief.amedd.army.mil) or [www.tricare.osd.mil](http://www.tricare.osd.mil)

### Health Talks

To have a professional staff member from MEDDAC address a group on health care subjects or preventive medicine, call the health promotion coordinator at 751-5035 or the Department of Quality Management at 751-2501.



# COMMUNITY HIGHLIGHTS

## Claws and paws need loving home



Photos by Susanne Kappler

*These pets are looking for a home. Top left: spayed 1 1/2-year-old female cat; bottom left: 4- to 5-month-old kitten; middle: 2-year-old Saint Bernard; right: 3- to 4-month-old kitten. For information on these or other pets for adoption, call the Veterinary Clinic at 751-7160.*

## This Week

### Warrant Officer Recruiting Briefings

Warrant Officer recruiting briefings will be conducted 9:30 a.m. and 1:30 p.m., today and Friday at the Education Center, Room 303. For more information, call (552) 471-9406 or e-mail [Anthony.Edwards@usarec.army.mil](mailto:Anthony.Edwards@usarec.army.mil).

### Insurance Class

A insurance class will be 9-11 a.m., today at the Education Center, Room B-302. For more information and to register, call 751-5256/6325.

### Sibling Support Group

A sibling support group will meet 5-7 p.m., today at the Education Center, Room B-302.

For more information or to register, call 751-5256/6325.

### 282nd Army "Victory" Band Cook-out

Come enjoy a cook-out with the Army "Victory" Rock band from 11:30 a.m. to 1 p.m., today at building 3320 Magruder Ave. This event is free for all, but donations will be accepted.

### Budget Development, Record Keeping Class

A budget development and record keeping class will be 8:30-10:30 a.m., Tuesday at the Education Center, Room B-303. For more information and to register, call 751-5256/6325.

### Spouses to Teachers Seminar

A Spouses to Teachers seminar will be 1-2 p.m., Tuesday at the Education Center, Room B-303.

For more information or to register, call 751-5256/6325.

### Salary Negotiations

A Salary Negotiations techniques workshop will be 1-2:30 p.m., Wednesday at the Education Center, Room B-205. For more information or to register, call 751-5452.

### Successful Interviewing

A seminar on how to prepare for a successful interview will be conducted 9-11 a.m., Wednesday at the Education Center, Room B-205. For more information or to register, call 751-6153/5452.

### Sergeants Major Association

The Sergeants Major Association meeting will begin at 4 p.m., Wednesday at the NCO Club. All command sergeants major, sergeants major and master sergeants and first sergeants promotable are encouraged to attend. Retirees welcome. For more information, call 751-5525.

## Upcoming

### Hearts Apart Family Support Group Cookout

The Hearts Apart Family Support Group is planning a cookout from 11 a.m. to 4 p.m., May 31 at the MG Robert B. Solomon Center picnic area. For more information, call 751-7489/7477.

### Credit Reports Class

A credit reports class will be conducted 8:30-10:30 a.m., June 3 at the Education Center, Room B-302. For more information or to register, call 751-4862/6325.

### Managing Emotions Under Pressure

A managing emotions under pressure seminar will be from 9:30 a.m. to 3 p.m., June 3 at the MG Robert B. Solomon Center, Marion Room. For more information, call 751-4862/6325.

tion or to register, call 751-4862/6325.

### Breastfeeding Support Group

A Breastfeeding Support Group will meet from 10 a.m. to noon, June 3 at the Joe E. Mann Conference Room. For more information or to register, call 751-4862/6325.

### WorkKeys Assessment

A free WorkKeys Assessment class will be given 9:30-11:30 a.m., June 3; from 8:30 a.m. to 4 p.m., June 10 and 17; and from 9 a.m. to noon, June 18. Test takers must participate in all sessions. The test enhances a resume and demonstrates skill potential to employers.

The class is open to military personnel, family members and DoD civilians. Candidates must preregister by calling 751-5452.

### Checkbook Maintenance

A checkbook maintenance workshop will be conducted 8:30-10:30 a.m., June 4 at the Education Center, Room B-302. For more information or to register, call 751-4862/6325.

### Phase II LEVY Briefing

A Phase II LEVY briefing will be 2:30-3:30 p.m., June 4 at the Strom Thurmond building, Room 213.

For more information or to register, call 751-4862/6325.

### MEDDAC Change of Command

The Medical Command will have a Change of Command ceremony at 10 a.m., June 5 at the main hospital entrance. Col. James A. Mundy will relinquish command to Col. Nancy T. Hughes.

### 171st Infantry Brigade Change of Command

The 171st Infantry Brigade will have a Change of Command ceremony at 9 a.m., June 11 at Darby Field. Col. Robert

Choppa will relinquish command to Col. Karl D. Reed.

### 193rd Infantry Brigade Change of Command

The 193rd Infantry Brigade will have a Change of Command ceremony at 9 a.m., June 17 at the Officers' Club. Col. Stephen Yackley will relinquish command to Col. Brian Prosser.

### AG Corps Regimental Ball

Tickets for the Adjutant General Corps Regimental Ball are now on sale. The tickets cost \$25 for E7 and above, \$20 for E5 and E6, and \$10 for E4 and below. The ball will begin at 6 p.m., June 6 at the NCO Club. Attire is dress blues or dress greens for military and formal wear for civilians. Child care is available upon request. To RSVP or for more information, see a unit representative or call 751-5073 or e-mail [AG\\_Ball@jackson.army.mil](mailto:AG_Ball@jackson.army.mil).

### The Incredible Race

The Incredible Race vacation Bible school will be from a.m. to noon, June 9-13 at the Pierce Terrace Elementary School. Pre-kindergarten to junior high students are encouraged to attend. For more information, call 751-6778/4563.

## Announcements

### Stars and Stripes Father's Day Messages

Stars and Stripes is now accepting Father's Day messages. Messages received by June 2 will be published in the Middle East, Europe and Pacific editions June 15, Father's Day. Messages will also be available online at [Stripes.com](http://Stripes.com). For more information, visit [Stripes.com](http://Stripes.com).

### Employment Assistance

If you need assistance in contacting the Employment Readiness manager at your new installation, Fort Jackson Employment Readiness staff can provide you with this information. For help, call 751-5452.

### Car Club

A club for owners of antique vehicles at least 30 years old will meet from 10 a.m. to 1 p.m., June 7 at Twin Lakes. Owners are encouraged to bring their old-time cars. For more information, call 462-1497 (6-8:30 p.m.).

### BOSS Memorial Day Trip

Better Opportunities for Single Soldiers will offer a trip to Daytona Beach Saturday through Tuesday. For more information, call 751-1148, 706-2260 or 806-2607.

### Army Birthday Ball

The 2008 Army Birthday Ball will be June 14 at the Washington D.C. Convention Center.



# COMMUNITY HIGHLIGHTS

All Army members, family members, Department of the Army civilians, retirees and veterans are invited. For more information, visit <https://www.us.army.mil/suite/page/137983>

## Road Closures

Brown Avenue and Commissary Way will close temporarily to upgrade the storm water drainage. A part of Brown Avenue will be closed until June 6. The section of the road impacted by the closure will stretch from the area behind the NCO Club to Baker and Batson courts.

Access to these areas will be available via alternative routes. The work on Commissary Way channel crossing is scheduled for June 2-20. The area of work is adjacent to Pierce Terrace Elementary School. Access to the commissary from Imboden Street will be affected. For more information, call 751-4347.

## ABC's Extreme Makeover: Home Edition Nominations

ABC's Extreme Makeover: Home Edition is requesting nominations to feature a military family in an upcoming episode. Nominations are due June 23. For more information, visit <http://abc.go.com/primetime/xtremehome/index?pn=apply>.

## Alternate Access to AKO My Medical Readiness

Because of temporary problems experienced with AKO's "My Medical Readiness" page, MEDPROS has created a new link to access medical information. Soldiers can view their medical readiness status, download health records, view and download eyeglass prescriptions and complete Deployment and Periodic Health Assessments by visiting <http://mymedpros.army.mil>.

## Freedom Alliance Offers Scholarships

The Freedom Alliance Scholarship Fund application period is now open. Scholarships are available to dependents of troops killed or permanently disabled in an operational mission or training accident. The application deadline is July 18. For more information, call (800) 475-6620 or visit [www.fascholarship.com](http://www.fascholarship.com).

## Motorcycle Safety Training

To ride a motorcycle on Fort Jackson, Soldiers and civilians are required to take the Basic Rider Course. Soldiers also need to attend the training to ride a motorcycle off post. The BRC is a two-day course offered weekly. The Safety Office also offers an optional Experienced Rider Course. All classes are free. Soldiers and civilian employees will not be charged pass or leave to attend. Training is available to retirees and family members on a space available basis. For more information, call 751-RIDE (7433).

## Volunteer Reserve Soldiers Sought for Inauguration

The Army is looking for 200 volunteer Reserve component Soldiers who want to support the 2009 presidential inauguration in Washington. For more information, e-mail [Creighton.Larson@conus.army.mil](mailto:Creighton.Larson@conus.army.mil) or [Chris.Davids@conus.army.mil](mailto:Chris.Davids@conus.army.mil).

## Reporting Abuse

Every Soldier and member of the military community should report information about known and suspected cases of spouse or child abuse to the military police. The 24-hour report line is 751-3113.

## Absentee Voting

Absentee voters can exercise their right to vote by

## Weekly

**Walking Away Stress** meets at 9 a.m., Mondays and Fridays at the pecan orchard near the post office on Early Street. For a walking log or more information, call 751-6325.

**Play Group** meets 10-11:30 a.m., Mondays at 5953C Parker Lane. For more information, call 751-5256/6325.

**Range Control Briefing** is held at 1 p.m., Mondays and Fridays at the Education Center, Room 302. For more information, call 751-7171.

**Civil Air Patrol** meets at 7 p.m., Mondays at Owens Field and 7 p.m., Tuesdays at Columbia Metropolitan Airport. For more information, e-mail [cc@scwg.cap.gov](mailto:cc@scwg.cap.gov) or visit online at [www.scwg.cap.gov](http://www.scwg.cap.gov).

**Helping Everyone Reach Optimum Strength** meets 5-6 p.m., Tuesdays at Moncrief Army Community Hospital, seventh floor. It is open to combat veterans and their family members. For more information, call 751-2160/2183.

**Medical Board Office** is closed from 7:30 a.m. until 1 p.m., every Thursday. For information, call 751-0359/7152/7318.

**Protestant Women of the Chapel** meet Thursdays from 9:30 a.m. to 12:30 p.m. at the Main Post Chapel. Homeschoolers are welcome and evening studies are available. Free child care is available. For information, e-mail [pwocjackson@yahoo.com](mailto:pwocjackson@yahoo.com).

**Overseas Travel Clinic** is held from 8:30 a.m. to noon, Fridays. For more information, call 751-5151.

**Military Widows/Widowers Association** meets at 2 p.m., Sundays at Moncrief Army Community Hospital, eighth floor. For more information, call 787-2469.

## Monthly

**The Ladies Auxiliary** meets at 3 p.m., the second Sunday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

**Seabees** meet at 7 p.m., the second Monday of the month at the West Metro Chamber of Commerce and Visitors Center. Call 755-7792, 736-0841 or 755-0300 for more information.

To submit a recurring meeting, e-mail the name of the group, when and where the meeting takes place and contact information to [fjleader@conus.army.mil](mailto:fjleader@conus.army.mil).

completing the Federal Post Card Application (FPCA Standard Form 76) or complying with the ballot request procedures enacted by the state in which they vote. After mailing in the application, the voter will receive his or her absentee ballot. Mailing guidelines differ from state to state. For more information, contact your Unit Voting

# Recurring Meetings

**Veterans of Foreign Wars** meet at 7:30 p.m., the second Monday of the month at 534 S. Beltline Blvd. Call 782-5943 or 782-0148 for more information.

**Fort Jackson Enlisted Spouses' Association** meets at 6:30 p.m., the third Monday of each month at 5942E Thomas Court. For more information, call 665-4170 or e-mail [esa2005ff@yahoo.com](mailto:esa2005ff@yahoo.com).

**Sergeant Audie Murphy Club** meets at 11:30 a.m., the first Tuesday of the month at the Post Conference Room [www.jackson.army.mil/360/SA-MC/home.htm](http://www.jackson.army.mil/360/SA-MC/home.htm).

**Weight Loss Surgery Support Group** meets at 6 p.m., the second Tuesday of the month in the Moncrief Army Community Hospital eighth floor day room. For more information, call 751-0392.

**Disabled American Veterans** meet 6 p.m., the second Tuesday of the month at 511 Violet St., West Columbia. For information, call 796-7122.

**Fleet Reserve Association** Unit 202 meets at 1 p.m., the third Tuesday of the month at 2620 Lee Road. Call 482-4456 for information.

**"Victory Riders" Motorcycle Club** meets at 5 p.m., the first and third Thursdays of the month at Magruders Club. For information, e-mail [sec@ffvictoryriders.com](mailto:sec@ffvictoryriders.com).

**Society of American Military Engineers** meets 11:30 a.m., the fourth Thursday of the month. For information, call 254-0518 or 765-0320.

**Diabetes Support Group** meets at 6 p.m., the last Thursday of the month in the Moncrief Army Community Hospital fourth floor dining facility. For information or to register, call 751-2501.

**MEDPROS training** will be held 1-4 p.m., the third Friday of the month, at the hospital, Room 9-83. For more information or to register, e-mail [Jaclynn.Smith@amedd.army.mil](mailto:Jaclynn.Smith@amedd.army.mil).

**Retired Enlisted Association** meets at 5:30 p.m., the third Friday of the month at the hospital, third floor. For information, call 740-2319 or e-mail [jroddgers11@sc.rr.com](mailto:jroddgers11@sc.rr.com).

**U.S. Navy Sea Cadets**, for 11-18 year olds, meet the third weekend of the month. For information call 622-8707.

Assistance Officer or visit [www.vote.army.mil](http://www.vote.army.mil).

## Play With the Army Band

Do you think you have what it takes to sing or play with the 282nd Army "Victory" Band? If so, call 751-5038.



# Armed Forces Day

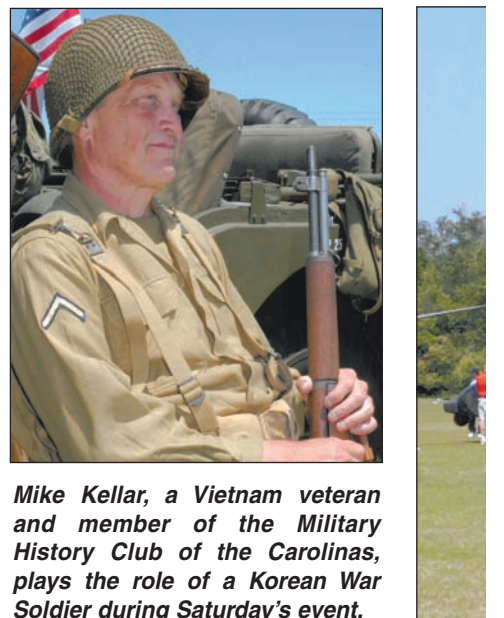


Gavin Ruiz, 7, prepares to fire some blank rounds under the watchful eye of his father, Staff Sgt. Rodolfo Ruiz, Company F, 1st Battalion, 34th Infantry Regiment, Saturday during the Armed Forces Day Celebration at Hilton Field.

Photos by Chris Rasmussen



A family takes a closer look at a display of military equipment during the Armed Forces Day Celebration. The exhibits were sponsored by the Celebrate Life Foundation.



Mike Kellar, a Vietnam veteran and member of the Military History Club of the Carolinas, plays the role of a Korean War Soldier during Saturday's event.



# Open House 2008



World War II gear Saturday at Hilton Field. The Celebrate Freedom Foundation.

## **Chris Rasmussen** *Leader Staff*

Thousands streamed onto Fort Jackson Saturday to show their appreciation for the military and celebrate the 50th anniversary of Armed Forces Day.

Held in conjunction with the Thunder at Fort Jackson air show, an estimated 22,500 turned out for the all-day event that featured static military displays, the Golden Knights Parachute Team, living history exhibits and plenty of hands-on fun for children and adults.

"I thought Fort Jackson did a great job by expanding the MILES blank firing range from last year," said Ken Breivik, a spokesman for the Celebrate Freedom Foundation, which sponsored the air show and several historical military displays. "I saw kids doing it all the way through World War II veterans."

Robin Bacon, of Columbia said he brought his 10-year-old daughter and her best friend to the event to educate them about the armed forces and the sacrifices its members have made to keep this country safe and free.

"I want them to appreciate how important this is and the significance of what these guys and gals do," Bacon said. "This has been a really great event. The Army does a good job of promoting itself."

The event commenced with the 187th Ordnance Battalion Opening Ceremony that included the swearing in of 200 recruits by Brig. Gen. James H. Schwitters, Fort Jackson commanding general. Shortly after the ceremony, Old Glory was brought down to Hilton Field by Staff Sgt. John Young, 507th Parachute Infantry Regiment "Silver Wings."

Spectators were also treated to a concert by country band Crossin Dixon, a USO-type show, and tours of the installation.

"My son is always playing with toy soldiers, so he is in heaven right now," said Terry Haley, of Columbia. "He has been on every Jeep and tank out here."

Armed Forces Day was created on Aug. 31, 1949, at the prompting of President Harry Truman as a single holiday for citizens to come together and thank military members for their patriotic service in support of America.

The holiday replaced separate Army, Navy Marine Corps and Air Force Days. The single-day celebration stemmed from the unification of the Armed Forces under one department — the Department of Defense.

*Chris.Rasmussen@us.army.mil*



Two hundred new Soldiers recite the enlistment oath with Brig. Gen. James H. Schwitters, Fort Jackson commanding general, Saturday during the Opening Ceremony for Armed Forces Day at Hilton Field.



The event's color guard, comprising members from the Army, Navy, Marines and Air Force, emerge from a cloud of red and white smoke Saturday during the Opening Ceremony.



Spectators get a chance to board a military aircraft Saturday during the Armed Forces Day Celebration at Hilton Field.



CHAPEL

Don't waste God's gifts

Chaplain (Maj.) Kenneth Haftorson  
U.S. Army Chaplain Center and School

Through the business of resource management, it is easy to be reminded of the natural resources that God placed upon our shoulders to use, control and manage. While we have a lot of choices in our lives such as what car to drive, what to have for lunch or what movie to see, God is the one who placed us in charge of specific natural resources including air, land and water.

In the second day of the creation story in Genesis 1, the waters were gathered together and from those waters, vegetation came forth and grasslands, savannahs and forests thrived.

Though most of the world is covered in water, our stewardship of this precious gift of God's is iffy at best. We usually take for granted things that are free or nearly free and do not give them their proper respect.

Water is finally beginning to get the respect it deserves, only because humanity is awakening to the crisis of not having enough water for everyone. This crisis goes back to biblical times in the Middle East. Only recently though, Americans have realized that there is no quick fix to this crisis. While very few of us remember living without running water in our homes, millions of people around the world lack clean water on a daily basis.

After Moses led the Hebrews out of Egypt, God promised that people would have enough food and water to see them through. God's words are as true today as they were 3,000 years ago, but although there is water, much of it is unsafe for consumption.

The sacred meaning and its imagery for Christians is seen throughout the Bible. From the Gospels to the book of Revelation, we are reminded that the water of life comes directly from God.

Just like God's love, water is a gift that is not to be wasted, contaminated or hoarded, but intended to be used and enjoyed by all.



Worship services

Protestant

- Sunday 8 a.m. and 10:45 a.m. Daniel Circle Chapel (Gospel)  
8 a.m. Bayonet Chapel (Hispanic)  
9:00 and 10:30 a.m. Magruder Chapel  
9:30 a.m. Main Post Chapel  
10:45 a.m. Post-wide Sunday School (Post Chapel)  
11 a.m. Daniel Circle Chapel  
11 a.m. Memorial Chapel  
11 a.m. Chapel Next  
Chaplain School
  - Wednesday 7 p.m. Gospel Mid-week Service Daniel Circle Chapel
- PROTESTANT BIBLE STUDY**
- Monday 7 p.m. Women's Bible Study (PWOC - Post Chapel, Class 209)
  - Wednesday 7 p.m. Anderson Street Chapel  
7 p.m. Daniel Circle Chapel  
7 p.m. Gospel Congregation's Youth (Daniel Circle Chapel)
  - Thursday 9:30 a.m.-12:30 p.m. Women's Bible Study (PWOC, Post Chapel)  
6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)  
7 p.m. LDS Bible Study (Anderson Chapel)
  - Saturday 8 a.m. Men's Prayer Breakfast (Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall))

PROTESTANT YOUTH OF THE CHAPEL

- Sunday 5 p.m. Daniel Circle Chapel (1st & 3rd Sundays)
- Wednesday 6:30 p.m. Main Post Chapel

Lutheran/Episcopalian

- Sunday 8 a.m. Memorial Chapel

Islamic

- Sunday 8-10 a.m. Islamic Studies
- Friday 12:30-1:45 p.m. Jumrah Services (both — Main Post Chapel)

Church of Christ

- Sunday 11:30 a.m. Anderson Chapel

Catholic

- M-F 11:30 a.m. Mass (Post Chapel)
- Sunday 8 a.m. Mass (Solomon Center)  
11 a.m. Mass (Main Post Chapel)  
9:30 a.m. Mass (120th AG Battalion Chapel)  
9:30 a.m. CCD (Education Center)  
9:30 a.m. Adult Sunday School  
12:30 a.m. Catholic Youth Ministry
- Wednesday 7 p.m. Rosary  
7:30 p.m. RCIA/Adult Inquiry

Jewish

- Sunday 9:30-10:30 a.m. Memorial Chapel  
10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

Latter Day Saints

- Sunday 9:30-11 a.m. Anderson St. Chapel

Addresses, phone numbers

**Daniel Circle Chapel** — 3359 Daniel Circle, Corner of Jackson Blvd., 751-4216  
**Main Post Chapel** — 4580 Strom Thurmond Blvd., corner of Scales Ave., 751-6469  
**Bayonet Chapel** — 9476 Kemper St., 751-4542  
**Family Life Chaplain** - 4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780  
**Anderson St. Chapel** — 2335 Anderson St., Corner of Jackson Blvd., 751-7032  
**Education Center** — 4581 Scales Ave.  
**Magruder Chapel** — 4360 Magruder Ave., 751-3883  
**120th Rec. Bn. Chapel** — 1895 Washington St., 751-5086  
**Memorial Chapel** — 4470 Jackson Blvd., 751-7324

FIRST RESPONDER



The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Lt. Col. Greg Vibber

Director, Emergency Services/Provost Marshal

Sgt. Maj. Allen Taylor Jr.

Provost Sergeant Major

Billy Forrester

Fire Chief

but no medical treatment was needed, MPs said.

A teenager was arrested in connection with the **theft** of five belly-button rings, five tongue rings and mascara at the main Post Exchange.

Tip of the Week

May is National Bike Month. On the roadways, bikes are treated as vehicles. Simply knowing how to ride a bike is not the same as knowing how to operate a bike safely and legally.

Remember to obey all traffic control devices, use hand and arm signals to indicate stops and turns, wear a helmet no matter how short the trip, always ride in the same direction as traffic and always check for traf-

Cases of the Week

A **fight** between two Soldiers was reported to authorities. According to Military Police, the Soldiers got into an argument after one Soldier flushed a toilet, causing the water in the shower area to become hot. The hot water scorched the other Soldier's face,



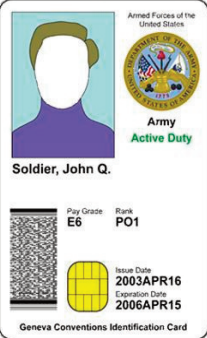
Traffic enforcement

Posted speed limits will be enforced through Sunday on Boyden Arbor Road and May 26-June 1 on Lee Road.

FORCE PROTECTION  
THOUGHT OF THE WEEK

PROTECT AGAINST IDENTITY THEFT

1. Guard against photo-copying of ID cards
2. Utilize personal shredders
3. Protect account numbers and Social Security numbers





# LEGAL

## Smart shopping combats car-buying fraud

**Capt. Ryan H. Dodd**  
*Legal Assistance Attorney*

For most Americans, buying an automobile is one of life's most significant events. An automobile is more than just a vehicle.

Most of us depend upon it for essential transportation to work, so we can pay off the auto loan, insurance and other necessary expenses. Unfortunately, the auto industry thrives on our dependence on automobiles.

Buying a new car is no longer about the purchase price. Other costs to consider include financing, fuel, insurance, and maintenance. Also, hidden costs at the time of purchase can turn a car into a financial liability.

The last thing a consumer needs to worry about is fraud during the sale. Fraud can occur when a dealer fails to disclose the complete history of a car, the proper odometer reading on the title of the vehicle or even fails to transfer the title at the time of sale.

Here are a few steps a consumer can take when thinking about purchasing a new or used vehicle to help protect against fraud.

— Take your time. The best way to find out if you've found the "best" deal in town is to walk away and shop around. Don't be eager to purchase a new or used vehicle the first day of shopping. Do not let dealers rush or pressure you into a purchase. Remember, the purchase price is not the only cost, so plan accordingly.

— Do your homework. Federal law requires car dealers to provide certain information before a sale of an automobile. Often, these disclosures are presented along with the myriad of other documents the dealer would like you to "just sign" such as take-home

warranty information, financing information and other documentation. Many dealers use "dealer warranties" that are appealing in the big print, but may include small print that does not cover "wear and tear items."

New vehicles are covered by manufacturer warranties, making additional dealer warranties unnecessary. Dealers often make more money on such "add-ons" when selling a car. Make sure you know exactly what you are buying. You should also take these documents to other dealers when shopping to compare.

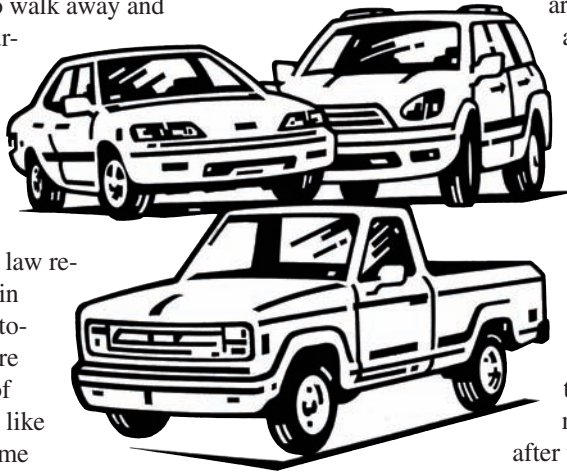
— Research the vehicle. Do additional research aside from finding the value of the car. Look at consumer reports for reliability, recalls, etc. Ask a mechanic to look at a used car before buying. Research the title to a used vehicle as well.

— Purchase the title, not the keys. When buying a car, the legal transfer of ownership is the actual title of the vehicle. Ask to see it before the purchase, and don't leave the dealership without it when buying.

Some dealers may try to make you believe that they do not currently have it, or financing must be "approved" before a title transfer. This is a large

area of fraud, and you should always make sure you actually own the vehicle you just bought by having the title in-hand.

— Finance the vehicle through a bank. Banks give loans, dealers sell cars. Car dealers often "finance" a vehicle by doing a credit check on the buyer, with the purchase price they have set, and then sell the financing agreement to lenders or creditors after the transaction. These lenders



### Operation Hours

Fort Jackson's Legal Assistance Office is located in the Office of the Staff Judge Advocate, 9475 Kershaw Road, and is open from 9 a.m. to 4 p.m., Mondays through Thursdays. Appointments can be made by calling 751-4287.

The office accepts walk-ins for living wills, health care powers of attorney and durable powers of attorney, 1:30-4 p.m., Tuesdays and Thursdays.

Walk-ins are welcome for general legal questions and are accepted 9-11 a.m., Thursdays.

will only accept a certain interest rate or purchase amount before bidding on the contract. Although the dealer may tell you your financing is "approved" or not, they are actually just trying to sell the financing agreement they have made with you to the highest bidder. Banks almost always offer better interest rates than a dealer, especially if you already have an account or relationship with that bank.

Also, if you take out the loan first, you'll know what you're comfortable spending on a car and have more control over the purchase.

— Check state laws. States have lemon-law statutes and consumer protection statutes that govern car purchase and loan agreements. Make sure you get your info about the law from a reputable source, instead of from the dealer. Arm yourself with this knowledge before shopping, so you know your rights when you start out.

— Take your time. Again, do not rush. Not only can you find out what the best deal is if you take your time, but you will also find out a lot about dealers when they react to you walking out the door. Remember that competition drives our economy and shopping around is the only real way to get that "best deal."



# SPORTS/FITNESS

## Upgrades under way at Tate Rink

**Goarmysports.com**

WEST POINT, N.Y. — Fans traveling to Tate Rink for the upcoming hockey season will notice a few upgrades.

As the Army hockey team continues its off-ice preparations for the 2008-09 season, inside the Holleder Center, things are looking different.

The dasher boards on the hockey rink have been replaced and now feature “seamless” glass; the floor around the rink has been redone; new lines and logos have been painted on the ice; and the benches on the ice are new.

The renovations, costing in excess of \$600,000, were paid for by the Department of Housing and Public Works.

Mike Rubbino, the U.S. Military Academy’s assistant athletic director for facilities and logistics, oversaw the monthlong project.

In early April, the ice on Tate Rink was melted. The boards were removed and the base of the rink was redone. New boards as well as glass were installed. A base layer of ice was laid down, followed by all new lines and Army logos.

The ice was finished shortly thereafter as the installation of the boards and glass was completed.

Both team areas received new benches and the floor in and around the rink was refinished.

“This is just another example of West Point making sure we have top-notch facilities,” Army hockey coach Brian Riley said. “We have one of the nicest team rooms of any squad in the country, a weight room that is second to none and now our rink is representative of the support we receive from the leadership of the U.S. Military Academy.”

Becker Arena, a Minnesota-based company who has worked on rinks worldwide, including Nagano, Japan, for the Olympics, did the renovations.

“Aesthetically, ‘seamless’ glass is much better for spectators,” said Robb Olexin, who is in charge of national sales and product development at Becker. “In the old system, there was zero flexibility with the dasher boards because it was anchored to a concrete ledge. This system allows a little more flexibility and it’s anchored to the floor, like an NHL or any high-caliber facility.”

Once the new dasher boards and glass were installed, the detail of laying new ice began.

“It’s a slow process,” said Olexin. “You



Photo by goarmysports.com

**Renovations of Tate Rink, where the Army hockey team calls home, are under way and will cost more than \$600,000.**

have to lay the ice in very thin layers, wait for it to freeze and then do another. There is probably 40 to 50 layers of ice but by laying thin layers you don’t get air trapped

in the ice and the surface is very dense.”

Participants in the Army Hockey Camps will be the first to utilize the new ice beginning June 22.

### Army Strong



Photo by Chris Rasmussen

**1st Lt. Timothy Peterson, executive officer, Company C, Task Force Marshall, pulls the Army Strong Hummer during the Strong Man Competition Saturday, which was part of the Armed Forces Day Celebration at Hilton Field. Peterson, who won the event and was the only Soldier to compete, pulled the vehicle 100 feet in 32 seconds. There were two new events this year — the Stone Carry and the Farmer’s Hold.**

### Sports Briefs

#### Volunteer Coaches Needed

Volunteer coaches for youth sports are needed. Experience is desired, but not mandatory. Volunteers get the “coaches discount,” when their own children also play sports — 100 percent for the first child; 50 percent for each additional child. For more information or to volunteer, call 751-5040.

#### Dodge Ball

Registration for the Jun 16-19 dodge ball tournament is 1 p.m., June 4. Six people minimum will be on the floor once the tournament begins. For more information, call 751-3096.

#### Youth Swim Team

The Youth Sports swim team is accepting registrations until June 9 for children 6-18 years old who can swim 25 meters. Practices will be held 8-9 a.m., Monday through Friday at either Legion Pool or Knight Pool. The cost is \$65 for the first child and \$58.50 for each additional child from the same family.

#### Important Numbers

For youth sports, call 751-5610/5040; For golf information, call 787-4437/4344; For sports information, call 751-3096.